

Listening through  
a Soft Boiled Egg:

A Score for Detecting Inconsistency at  
Mayhem Over a Period of Time.

At home, place an egg into boiling water for roughly 5 minutes, then remove. Cool for about 20 minutes. Before you depart for the venue, wrap the egg in paper or bubble wrap, and gently pack it into your coat pocket, purse or bag. Go directly to Mayhem. (Avoid physical contact with people so as to protect the soft egg you are carrying). Wait for the first act to start then enter the space. Upon entry, go directly to the bathroom. Lock the door, and, very carefully, take out and unwrap the soft boiled egg. Gently peel away the shell. Then, when you are confident, and the music has started, break apart the white of the egg so the yolk rests between two halves and quickly set it down on the edge of the sink. Looking into the yolk, expand your peripheral vision, and awareness toward the walls of the bathroom and to the music going on outside it. While concentrating on the yolk, let the sound enter your body, taking in the total ambience of the space until you have formed a complete picture of this moment. With your cellphone, take a shot of the egg. You will later use this to remind yourself of the total experience. Leave the egg for others to enjoy or ponder and return to the main performance space of Mayhem for the remainder of the show, all the while, retaining the image of the egg. On your way home after the show, remind yourself of this image, and with this reminder, conjure up once again the experience in the bathroom. Repeat again, on each successive visit to Mayhem, or even just periodically. The repeated performance of this score will emphasize the overall inconsistency of experiences.

(see photo for reference)

-J.Gräf, 2018